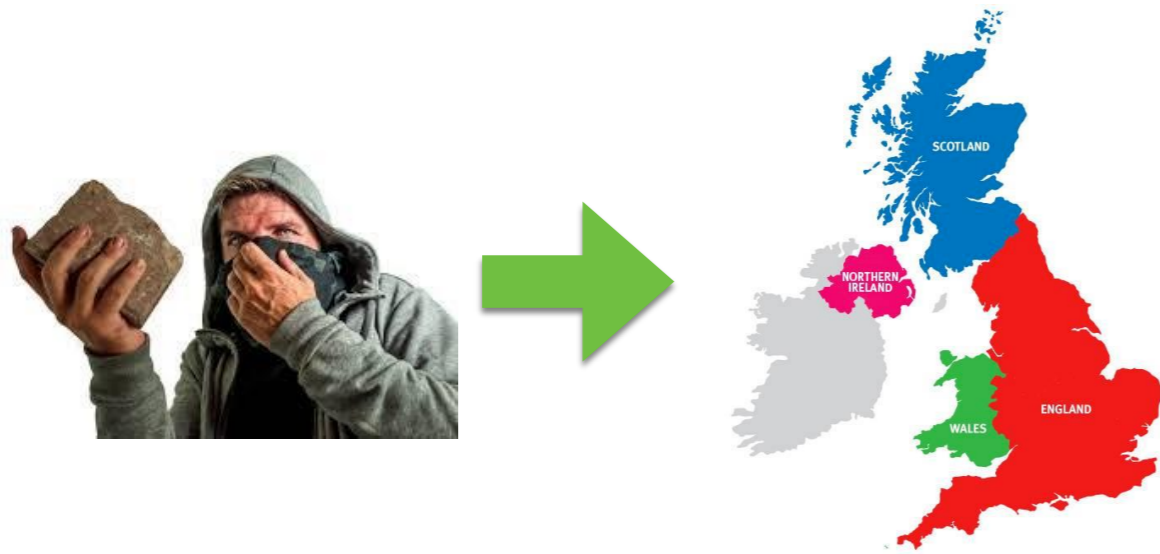Riots across the UK

There have been
riots across the UK.

A riot is when a crowd of people do violent and aggressive things in public places.

Riots are dangerous for people's safety and the safety
of their property.

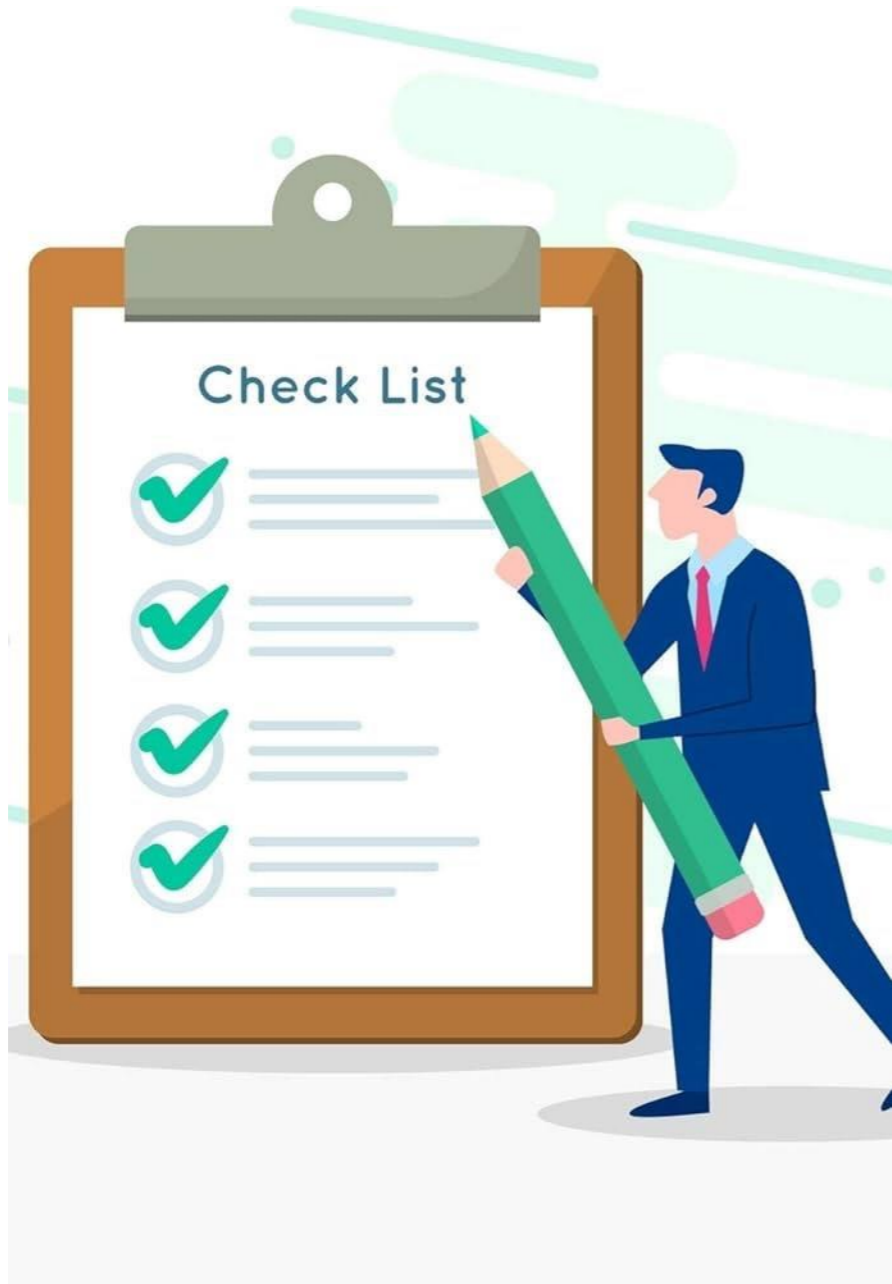Current riots have been organised by far-right activists.

Far-right activists hold hateful beliefs about people from different countries, religions, ethnicities and races.

You may feel scared and anxious about the riots.

You may feel worried about your safety and the safety of your loved ones.

Here's what you can do to keep yourself and others safe and well:

If a riot is happening or planned to happen in your area, do not go there.

If you are stuck in a riot area, get any transport you can to get out, such as a taxi. Call your support team to let them know.

If any members of the public are violent or use abusive words towards you, tell your support team and the police.

Speak to your support
team or loved ones if
you feel anxious or sad.

Don't believe everything you see online, it could be untrue.

Avoid watching the news or reading social media too much, it could be bad for your mental health.

If anyone asks you to join in a riot, say 'no'.

If you get involved in a riot, you may get arrested.

The police and the government are working hard to stop the riots.