

Welcome back!

From of all us at Perryn Road. Even though we have been mostly staying in due to COVID – 19 we have been keeping ourselves busy, meeting milestones and making the most of every day.

It has been lively, fun, and uplifting during these past few months. Have a read and see what we have done.



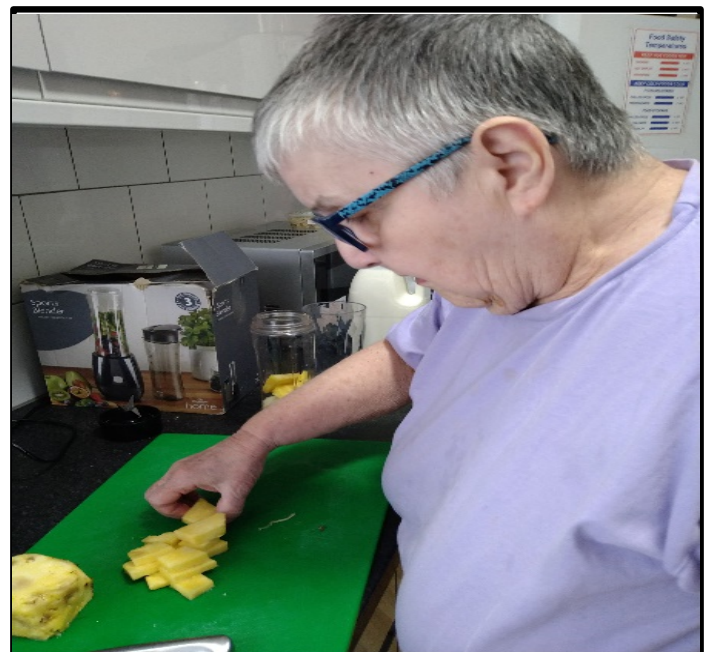
November 2020



Making things happen

We have been carrying on with our exercises, cake baking and smoothie Fridays, we begun giving our garden some more TLC as well.

Getting in those vitamins and some yumminess 😊



Maria one of our People we support, usually finds appointments of any kind difficult especially having strangers near her with the majority of the time refusing to be checked over, this summer Maria, with staff support and encouragement successfully complied to having a full in house optician check-up, she allowed for the eye equipment to be put on her face and optician to come close enough to her to shine the light into her eyes to have good look, Well done Maria and team.



The guys have
been showing off
their green
fingers in the
garden and have
planted new
flowers.





Being brave and Having fun

After finishing our Tree of Life, as we mentioned in our previous newsletter, we continued with our second Art project. We wanted to do something to compliment the tree of life and show off the rich diversity of cultures in our service.

Getting there!

We painted the flags of every person we support and the staff team's country of origin, another labour of love to be proud.

Even though the Notting hill Carnival was cancelled we were still in the party mood here and had our own in-house Carnival, there was lots of food, music, and merriment, we made it as colourful as possible, the people we support chose their own bandana's to dress up in.





Valuing everyone
We now have
drumming sessions
every week; this is
such fun, our own
Perryn's got talent!





We have upped the ante in the kitchen, trying new dishes both baking and starter courses and one of our People we support; Sandy; actively participated for the first-time added ingredients and stirred, You Go Girl!

Our Team A made spicy Tuna and Organic Avocado; it was yum!



And lastly our guys got into the spooky spirit and made their own Pumpkin heads and displayed them outside our house.



That's it for now, catch up with you all next time.

Stay safe!